

MARK KLAFTER, D.O. Neurological Services of Orlando

As a neurologist, Dr. Mark Klafter often sees patients whose muscles are so tense or twisted that they cannot perform tasks such as brushing their teeth or keyboarding.

With renowned skills in Botox injections, Dr. Klafter treats limb problems such as arm and leg spasticity (over-contraction of the muscles) and dystonia (abnormal twisting of limbs). He uses specialized tests to select problematic muscles, then injects botulinum (also known as Botox and Myobloc) to weaken those muscles and rebalance the limb. When paired with physical and occupation therapy, patients can then regain flexibility and motion.

Integral to Dr. Klafter's practice is EMG/NCS, a procedure that is a key to diagnosing these and many other nerve and muscle ailments such as carpal tunnel syndrome, cervical and lumbar nerve root disorders (also known as "pinched nerves"), peripheral nerve conditions and primary muscle disorders.

Dr. Klafter's practice offers a range of services: consultation; EEG, EMG and MRI tests; and physical and occupational therapy.

This allows for a comprehensive approach to caring for adult patients affected by Parkinson's disease and tremor disorders, Alzheimer's disease, migraines, seizures, stroke and many other neurological conditions.

As a former internationally competitive gymnast, Dr. Klafter says "my practice is about empowering the patient to improve their own condition." He adds, "Accurate diagnosis, relevant medication, therapeutic exercise and other treatments allow patients to partner with me in improving their neurological health."

He also draws on the expertise of his associates: Dr. Daniel Jacobs, who specializes in multiple sclerosis and acute stroke management; Dr. Ahmed Sadek, an epilepsy specialist; and Dr. Navin Verma, a sleep specialist.

Dr. Klafter graduated from the University of Pittsburgh, Chicago College of Osteopathic Medicine, and the Seton Hall University Internal Medicine internship. After neurology residency in the Cornell University Hospitals Program, he completed a fellowship in EMG/NCS and nerve/muscle disorders at the Albert Einstein College of Medicine.

He is a nationally recognized speaker for the American Academy of Neurology in EMG-guided botulinum injections for limb dystonia and spasticity.

Dr. Klafter is the current president of the Florida Society of Neurology, which allows him to lecture to fellow physicians on a wide variety of neurology subjects, and advocate on behalf of neurology patients throughout the state.

Mark Klafter, D.O.
Neurological Services of Orlando
3849 Oakwater Circle
Orlando, FL 32806
407-240-1762
www.orlandoneurological.com ★

